



Your Consent Matters

To enable us to provide you with the service you deserve we have several formalities we need to ask all our clients for prior to working with us.

Firstly, we need to obtain a completed version of our health questionnaire. This will give you the opportunity to explain details of any health issues, injuries or concerns you may have and ultimately enable us to design a safe and effective treatment plan for you.

Secondly, that you have read our terms and conditions and privacy policy. It is vital that the way we work fits in with your lifestyle prior to booking an appointment with us, our Ts&Cs are non-negotiable.

Lastly please could you complete the following consent form and tick where you agree.

Tick:

I accept the Privacy Policy by which Olistica Pilates operates, I understand that my personal information will never be passed on to any third parties and only used for the purposes of Olistica Pilates providing me with the service booked.

I understand that my next of kin's details will be available to my instructor in the case of an emergency.

Please include me in the shared document to enable me to use my class swaps and credits. I am fully aware that my name and email will be visible to the clients who also decide to opt in to use the facility. I am aware that it is a private shared document and only Olistica clientele will have access.

I would like to hear from Olistica Pilates so they can continue to provide me with important information concerning my classes or any other appointment I may have with them.

I would love to receive your newsletter with helpful tips and home workouts.

Name:

Signed:

Date:
